

Uberoi Teacher Training India (UTTI) Program

The Minnock Center for International Engagement, Bridgewater State University
&
The School of Indic Studies, Institute of Advanced Sciences, Dartmouth, MA

Training Program Schedule, 2016

July 8 Travel to India

July 9 Arrival in India

Pick up arrangements:

Pick up cars at the airport. Driver with a placard showing UBEROI FOUNDATION will be waiting outside between the exit gates 5 and 6.

Transportation contact numbers – **Mr. Susheel Jana** - 91-9911222593; **Bal Ram Singh** – 91-8130234603.

July 10 Rest and tour of Delhi, stay at Jain Mandir

Vijay Vallabh Smarak Jain Mandir Complex

20th Km, G.T.Karnal Road

Delhi - 110036, India.

Ph. 91-11-27201021

July 11 Orientation, General topics related to culture, history, food, dress, geography, weather of India - JNU campus

Transportation to JNU by bus ride, starting at 9 AM, arriving at 10 AM. Sessions between 10 AM – 5 PM

<http://www.jnu.ac.in/>

July 12 Visit to Parliament, Red Fort, National Archives, Gandhi Samadhi, etc.

There will be a special bus to take the teachers and staff.

July 13-14 Buddhism, Tibet House

Tibet House

Cultural Centre of H.H. the Dalai Lama

1, Institutional Area, Lodhi Road, New Delhi - 110003 INDIA

Tel: +91 11 24611515 / 41506430 | Mobile: +91 844 721 8959

Special bus will take the teachers to the Tibet House from Jain Mandir

July 15 Travel to Dehradun, Shatabdi Express, stay at Buddhist seminary

The Shatabdi Express leaves Delhi at 6:45 am and reaches Dehradun at 12:40 pm.

July 16 Program and Stay at the Buddhist seminary

Tarab Ling Association

Asthal, P.O Maldevta

Maldevta-Raipur Road

Dehradun -248001

Uttarakhand, India

Contact phone: (0091) 91 941 018 6214 / 999 7679 245

July 17 AM Travel to Haridwar, Dev Sanskriti University, Hinduism

Travel by special bus, leaving 8:30 am, reaching Haridwar approximately 9:30 am

Dev Sanskriti Vishwavidyalaya (Dev Sanskriti University)

Gayatrikunj - Shantikunj,

Haridwar - 249 411

www.dsvv.ac.in | www.awgp.org

July 17-19 stay at Godwin Hotel near DSVV

Godwin Hotel

Opp:- Shanti Kunj, Rishikesh Road

Haridwar, Uttrakhand, India

Phone:

+91- 9012211111 / 0135-2485587

<http://www.godwinhotels.in/godwin-hotel-haridwar.html>

July 20 Travel to Amritsar, flight at 11:50 AM, Dehradun

Free time in the evening

July 21-23 Sikhism, Guru Nanak Dev University, staying at GNDU Guest House

Guru Nanak Dev University

Address: Grand Trunk Rd, Off NH 1, Amritsar, Punjab 143005, India

Phone: +91 183 225 8855

<http://www.gndu.ac.in/>

July 24 Travel back to Delhi, Shatabdi Express, stay at Jain facility

July 25 Free time, local visits, stay at Jain Mandir Complex

July 26-28 Jainism, Jain Mandir Complex in Delhi, including staying

July 29 Conclusion and interactions with Uberoi Board of Trustees, stay at Jain facility

July 30 Free time and local visits, stay at Jain facility

Local travel transportation will be provided. Teachers may consider a day trip to Agra for Taj Mahal, if desired.

Dinner at Trustee Anu Bhatiya's home

July 31 Return to USA

Most of the return flights are past midnight and early morning. Some teachers will leave directly from the dinner.

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- Staying accommodation are double rooms, air conditioned rooms, except in Dehradun where fans are sufficient due to colder weather at higher elevation
 - Bal Ram Singh, Shivi Chandra, and Aparna Dhir will stay at the same facilities with the teachers. Shivi's mom will join as an extra person. Trustees Anu Bhatia and Jyoti Bhatia will join teachers in Haridwar and travel to Amritsar with teachers.

- WiFi to be available at most of the places of visits.
- Food at all the places will be vegetarian. Please inform of any special allergies or special food needs.
- Dehradun may colder in the nights. Advised to keep light sweater or fleece.
- Advised to have international phone data plan for phones. Call local service provider ahead of time to activate such services.
- It is advised to download whatsapp services on the cell phones. This makes international texting and calls free.
- Upon arrival at the airport in Delhi, **please mention that you are in India for tourism**, as the visa on arrival is meant for tourism. Mentioning education or training will create problems.
- Computer power cords will need plug adapters. India has 220 volt electric supply, and uses a different socket.

Orientation and Introductory Topics
Conference Room, Special Center for Sanskrit Studies
JNU, New Delhi

July 11, 2016

Date & Day	Time	Lecture Ref	Lecture Title	Lecturer
July 11 th Monday	10:00 10:10		Welcome and Introduction to JNU	Prof. Girish Nath Jha
	10:10- 10:40		UTTI Program Overview Goals, Plans, Expectations, Process	Shivi Chandra
	10:40 11:30		History and Geography <ul style="list-style-type: none"> ✓ Ancient to Modern ✓ Plants and Animals ✓ Rivers and culture ✓ Seasons 	Prof. Bal Ram Singh
	11:30- 12:00		Tea break, informal interactions	
	12:00 01:00		Current India <ul style="list-style-type: none"> ✓ Political system ✓ Religions ✓ Business ✓ Entertainment and media ✓ Cities and villages 	Shivi C handra
	1:00- 2:00		Lunch	Served on site
	02.00 02.30		Food and Dress	Dr. Aparna Dhir
	02.30 02:50		India's education system <ul style="list-style-type: none"> ✓ Education policies and structure ✓ Primary and Secondary Education ✓ Higher Education ✓ Technical/Professional Education 	Dr. Rajnish Misra
	02:50 03:10		India's language policy and education <ul style="list-style-type: none"> ✓ Managing the languages ✓ Language education formula 	Prof. Girish Jha
	03.10 03.40		Self, Other, and Intersubjectivity in Education	Prof. RP Singh
	03.40 04.10		Yoga and Ayurveda <ul style="list-style-type: none"> ✓ History and Practice ✓ Concepts ✓ Current status and Future Prospects 	Dr. Ram Nath Jha
	04:10 04:40		Tea with JNU faculty	
	04:40 05:30		Culture, Traditions, Religion and Dharma <ul style="list-style-type: none"> ✓ Contrast and Comparison 	Prof. Bal Ram Singh
	05:30 06:00		Educational Lesson Plans Instructions	Shivi Chandra
	06:00		Break and free interactions	
	06:30 07:00		Music and Entertainment	Dr. Ved Mitra Shukla
	07:00 08:00		Dinner	Served on site

Uberoi Teacher Training India (UTTI) Program
Institute of Advanced Sciences, Dartmouth, MA, USA
13th – 14th July, 2016

TIBET HOUSE
Cultural Center of H.H. the Dalai Lama, Delhi

Day	Time	Programs	
July 13 Morning	09:30AM – 11:00AM	1) Teaching on the historical accounts of Buddhism, and the three wheels of Buddha's teachings 2) comparative studies of modern science and Buddhist philosophy	
	11:00AM – 11:15AM	Tea/Coffee/snacks break	
	11:15AM – 12:30PM	Teaching on "What is Buddhism?" and the ultimate reality of Buddha nature – the final source of happiness which is present across the board of living beings – and Q&A	
	Afternoon	12:30PM – 01:30PM	Lunch
	01:30PM – 02:30PM	Visit to Tibet House Library and Museum	
	02:30PM – 04:00PM	Presentation on Buddhist festivals, worship, dissemination of Buddhism over time	
	04:00PM – 04:15PM	Tea/Coffee/snacks break	
	04:15PM – 05:30PM	Teaching on Buddhist pluralism, Theravada, Mahayana and the four philosophical schools of Buddhism,	

July 14 Morning	09:30AM – 11:00 AM	1) Teaching on the Four Seals of Buddhism and the Wisdom of Emptiness / Dependent Origination 2) Meditation on the ultimate reality of the mind
	11:00AM – 11:15AM	Tea/Coffee/snacks break
	11:15AM – 12:30PM	1) Teaching on Secular Ethics for World Peace 2) Bodhicitta – the unconditional love – which transcends all borders
	12:30PM – 01:30PM	Lunch break
	01:30PM – ---	Visit and pay obeisance to the Buddha's relics in National Museum

Instructor: 1) Ven. Geshe Dorji Damdul, Director, Tibet House

Uberoi Teacher Training India (UTTI) Program
Institute of Advanced Sciences, Dartmouth, MA, USA
15th – 17th July, 2016

TARAB LING INSTITUTE

Day	Time	Schedules
July 15	12:40 hours	Receive the group at Dehradun Railway station and travel* to Tarab Ling
	13:40	Arrival at Tarab Ling
	13:45 – 14:45	Lunch (Vegetarian) as organic as possible
	14:45-16:00	Registration in the office and Check-in the rooms
	16:00-18:00	Assemble in Lecture Hall Introduction of Tarab Ling institute, its aims and objectives and its founder. Introduction to “Unity in Duality”, a study based on the relationship of ‘subject’-‘object’, ‘body’-‘mind’ and ‘energy’-‘matter’ interrelationships – with reference to Nalanda University Scholars: Unlike normal academic studies the UD study not only is an intellectual learning, but is also focused on investigative practices, questionings / discussions and personal application.
	18:00 -18:15	Tea/coffee break
	18:15 -19:15	Documentary film on a search of Reincarnation, “An unmistakable child” or Guided practice instead
	19:30-20:30	Dinner
	20:30-	Personal time

Please note: *All the travel from receiving at Dehradun Railway station till dropping at Haridwar will be arranged by Tarab Ling

July 16	06:00-07:00 hours	Yoga by a certified Yoga teacher
	07:30- 08:30	Break fast
	08:30- 10:00	Introducing two complementary ways of perceiving, the direct and indirect sense minds and how complementary there are. Bringing awareness into which kind of mind we generally use in everyday life and how it when we do meditation. Introducing how important direct minds are in order to practice meditation. A prerequisite for meditation is to get into a natural condition - i.e. based on body-sense; and meditation proper is going from body sense and deeper into body-mind.
	10:00-10:30	Tea/Coffee/snacks break
	10:30-11:00	Field trips: Travel to Drikung Kagyu monastic college
	11:00-12:30	Lecture by Drikung Kagyu teacher (Khenpo) on their lineage, their studies and practices as well as interaction with students and teachers
	12:30-13:30	Lunch at the Drikung Kagyu monastic college
	13:30-14:00	Travel to the main seat of Sakya monastery

	14:00-15:30	Lecture on Sakya lineage, their studies and practices by their teacher (Khenpo), interaction with students and teachers
	15:30-15:45	Tea at Sakya Monastery
	15:45-16:30	Travel to Mindrolling monastery of Nyingma Lineage
	16:30-18:30	Visit to the stupa of Buddha's decent from Tushita, lecture on the Nyingma Lineage by their teacher (Khenpo), interaction with students and teachers
	18:30-19:15	Travel to Dikiling Tibetan settlement
	19:15-20:15	Dinner at a Tibetan family
	20:15-20:30	Travel to Tarab Ling
	20:30-	Personal time
July 17 th	07:30 -08:30	Break fast
	08:30	Checkout and Departure to Haridwar

- Kindly note that the time for the daily program on 16th July may change on the actual day as per the activities of the respective monasteries.

TARAB LING CAMPUS

Tarab Ling is located in a very peaceful and quiet place on the outskirts of Dehradun town with view to lower Himalayan hills and overlooking Baldi river valley. It has a good and elegant infrastructure, well equipped teaching halls, tastefully furnished guesthouses, kitchen and dining hall with wifi covered campus.

The Campus

The campus of Tarab Ling spreads over 3 acres of land with many fruit trees and flowering plants. The environment is serene and perfect for study, meditation and retreat.

View of the campus



avillion for early morning yogas

Halls

Tarab Ling has three halls and a Library. One big and two small halls. The halls are designed to absorb echoes and are well equipped with sound and recording systems.

Main teaching hall and the interior



Accommodation

Rooms available: 21 rooms in 3 guesthouses and a teacher's house

All rooms have on-suite bathroom with hot running water (solar water heaters) and 2 balconies (upstairs) or 2 direct garden-doors each (downstairs).



Food We acquire basic food items like grains, pulses, potatoes and vegetables from the farmers directly - organic products when available. It eventually not only help farmers for their self sustainability but also provide more clean, hygienic and healthy foods.



Kitchen & Dining hall



Dev Sanskriti Vishwavidyalaya – Syllabus on Hindusim
July 17th to 19th, 2016

Date & Day	Time	Lecture Title	Lecturer
July 17 th Tuesday	10:30am – 11:30am	INTRODUCTION TO AWGP & DSVV	Resp. Dr. Chinmay Pandya Ji
	11:30am – 1:00pm	Visit DSVV Campus	Shri Gopal Sharma
	1.00pm – 2.00pm	Lunch	
	2:00pm – 2:30pm	Nature of God & Creation	Prof. Radheshyam Chaturvedi Ji
	2:30pm – 3.00pm	Goals and Stages of Human Life	Prof. Radheshyam Chaturvedi Ji
	3.15pm – 3.45pm	A Tradition Based on Knowledge	Dr. Indu Sharma
	4.00pm – 5.00pm	Rudrabhishek at Siddheshwar Mahakal Temple	
	5.00pm	Ganga Aarti	Dr. Arunesh & Dr. Umakant
July 18 th Wednesday	05:30am – 06:30am	YAGYA SESSIONS at DSVV/Shantikunj	Shri Gopal Sharma
	06:30am – 07:30am	Visit to Shantikunj	
	08:30am – 09:30am	Meeting with Hon. Chancellor Sir*	
	10.00am – 10.30am	Karma and Sanskar	Prof Abhay Saxena Ji
	10.30am – 11.00am	Hindu Worship	Dr Smitha Vashishta
	11.00am – 12.30pm	Visit to Gayatri Vidyapeeth (Secondary School)	Shri Gopal Sharma
	12.30pm – 1.30pm	Lunch	
	1:30pm – 3:00pm	Human Excellence (followed by High tea)	Resp. Dr. Chinmay Pandya Ji
	3.00pm – 7.00pm	Visit Kankhal, Bilkeshwar & Haridwar excursions	Dr. Arunesh & Dr. Umakant
	7:00pm – 9:00pm	Dinner with Families (divided into different groups)	
July 19 th Thursday	After Breakfast	Neelkanth Mahadev Temple + Vashishta Gufa	Dr. Arunesh & Dr. Umakant
	6:00pm – 6:15pm	Naad Yoga Meditation	
	6:15pm – 7:00pm	Sankirtan**	

*Schedule is subject to availability of Hon. Chancellor Sir.

**Schedule is subject to interest of the participants

Uberoi Teachers Training Program
Guru Nanak Dev University, Amritsar
July 20 -24, 2016

(Arrival on July 20th night and departure on July 24, 2016 early morning)

Date & Day	Time	Lecture Title	Lecturer
July 21 Thursday	9.15-11:00 AM	Origin and Development of Sikhism <ul style="list-style-type: none"> • Socio, religious and political background • Guru Nanak:Life and Mission • Foundation of Sikhism • Consolidation and development under the successors of Guru Nanak (1539-1606) 	Prof. Sulakhan Singh
Tea Break	11.00-11.30 AM		
	11:30-1:00 PM	Development of Sikhism (1606-1708) <ul style="list-style-type: none"> • Guru Hargobind's Policy of Miri-Piri, Armed Confrontation with the Mughal State • Martyrdom of Guru Tegh Bahadur • Guru Gobind Singh: Life and Mission 	Prof. B.S. Dhillon
Lunch 1.30-2.30 PM			
4.00 PM	After Noon	Visit : Khalsa College Amritsar / Golden Temple Amritsar	
July 22 Friday, 7. 30 AM Departure for Khadur Sahib, Lectures in Nishan-i-Sikhi	9.15 11.00	Sikh Scriptural Tradition <ul style="list-style-type: none"> • Origin and nature of scriptural writings • Preservation and Transmission • History of Compilation • Editorial scheme, arrangement of the Text • Canonization and Installation, Final Canonization, • Status of the Scripture (Sri Guru Granth Sahib) 	Prof. B.S. Dhillon
	11.30 1.00 PM	Sikh Beliefs and Practices <ul style="list-style-type: none"> • Nature of God, • World view • Ultimate aim of Human life. 	Prof. N. Muthumohan
Lunch	1.30-2.00 PM		
	2.30-5.30 PM	Visit: Historic Gurdwara Goindwal Sahib on the banks of river Beas and return to Amritsar	
July 23 Saturday	09.15 11.00	Sikh Way of Life <ul style="list-style-type: none"> • Sikh rites and Ceremonies • Festivals • Sikh institutions 	Prof. B. S. Dhillon
	11.30-1.00	Sikh Ethics	Prof. Shashi

		<ul style="list-style-type: none"> • Social, religious, spiritual and political dimensions • Personality of Ideal Person 	
	2.30-4.00 PM	Sikh Perspectives on the Others <ul style="list-style-type: none"> • Interfaith Understanding • Multi-Culturalism • Co-existence 	Prof. S. S. Narang
	4.30-5.30	Valedictory	

ISSJS.2016-Dharmik Sangathan Group
July 26th -28th, 2016

Date & Day	Time	Lecture Ref	Lecture Title	Lecturer
July 26 th Tuesday	08:30 10:00		Roots and History Denominations and Demographics History (Schism, Mergers etc.....) <ul style="list-style-type: none"> • Important figures ✓ Lord Rishabhadeva (End of stone age of beginning of Agricultural age) ✓ Lord Parshwanath ✓ Lord Mahavira ✓ Acharya Kundkund ✓ Acharya Hemachandra ✓ Virachand Gandhi ✓ Acharya Shantisagar 	Navin Srivastav
	10:30 12:00		Articles of Faiths and Tenets <ul style="list-style-type: none"> ✓ Fundamental beliefs of Jainism ✓ Concept of God and Tirthankara ✓ Universe and its Nature-Jain Reality ✓ Jiva (Soul) ✓ Pudagal (matter) and Karma Particles ✓ Doctrine of Karma Philosophy- Nine Tattvas ✓ Path of Liberation- Jain Trinity 	Shugan C Jain
	After Noon		Visit Lal Mandir, Old Delhi including Gauri Shankar Mandir & Gurudwara Shish Ganj	
July 27 th Wednesday	08:30 10:00		Rites and Rituals <ul style="list-style-type: none"> ✓ Daily Life: Precepts and Restriction ✓ Jain Code of Conduct ✓ Cardinal Qualities of Lay Followers ✓ Eighteen Vices ✓ Process of spiritual death (Santhara) ✓ Worship ✓ Differences of Various Sects ✓ The Calendar- Religious Holidays 	Shugan C Jain
	After Noon		<ul style="list-style-type: none"> • Visit Ahimsa Sthal, Badi Dadabadi, Kundkund Bharti and also South Delhi Jain Temples • Meeting with Jain Monks • Visit at Jain Family and Dinner 	
July 28 th Thursday	07.00 08.00		Puja at Vallabh Smarak Jain Temple	
	09.30 12.00		Visit Jain Bharati Mrigavati Vidyalaya School	
	02.00 03.30		Jain Scripture and Non- Canonical Literature	Navin Srivastav

			<ul style="list-style-type: none"> ✓ Agam Sutra (Jain scripture) ✓ Anga Agam Sutra ✓ Shwetambar Literature ✓ Secondary Literature ✓ Shared texts by both sects ✓ Other Shwetambar texts ✓ Other Digambar texts 	
	04.00 05.30		<p>Jainism in America</p> <ul style="list-style-type: none"> ✓ Important Dates and Landmark Events ✓ Organization and Houses of Worship ✓ Governance and Authority ✓ Social Services Organizations ✓ Media and Communication 	Prakash C Jain